

MARSHALL ISLANDS

Sail the beautiful coral reef islands and hear the ancient whispers

Situated between Australia and Hawaii, the Marshall Islands form a stunning lagoon adorned with coral reefs intertwined with small islands. The capital city of Majuro Atoll encompasses several small islands. Its picturesque oval shape stretches for 100 km, with a maximum width of 2 km, creating a long narrow island that offers panoramic views of the Pacific Ocean.

The Marshall Islands provide a serene backdrop for traditional canoe rides or beachside barbecues on the Small Islands. Additionally, opportunities for diving and snorkelling amid the captivating coral reefs abound.

Venture beyond Majuro to discover new horizons in the remote atolls. One such atoll, Bikini Atoll, is known for its history of nuclear testing and was designated as a World Heritage Site in 2010.

Come and relax in the beauty of nature in this paradise.



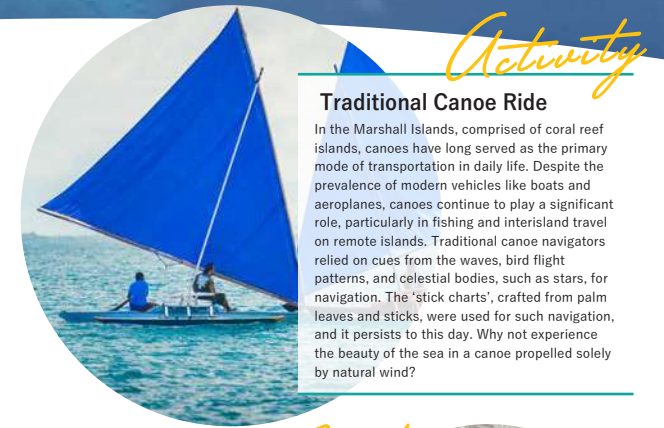
Example of flight routes

Narita → Guam (USD) → Chuuk (Federated States of Micronesia: FSM) → Pohnpei (FSM) → Kwajalein (Marshall Islands) → Majuro (Marshall Islands)

Enjoyment Plan

Beginners' course Enjoy the long Majuro Atoll!

- 1st day**
- AM Depart Japan the day before and stay overnight in Guam.
 - PM Arrived at Majuro in the evening via Chuuk and Pohnpei, FSM! Enjoy a dinner of fresh seafood from the surrounding ocean. The taste of fish dishes such as sashimi, is familiar to the Japanese.
- 2nd day**
- All day Visit Laura area on the outskirts of Majuro! Laura Beach park, where the calm, shallow ocean stretches endlessly. Enjoy local food and have a relaxing time.
- 3rd day**
- AM Stroll around the town of Majuro! Visit the Alele Museum to understand Marshallese culture and history deeply.
 - PM Board a traditional Marshallese canoe, considered the most beautiful canoe in the Pacific. Feel the natural breeze in a canoe that has been used as a means of transportation since ancient times.
- 4th day**
- AM Before departure, shop at the handicraft shops in the airport. The beautiful handicrafts, called 'Amimono' of Japanese origin, are made of woven palm and pandanus leaves. Depart Majuro for Guam. After staying one night in Guam, return to Japan.



Activity

Traditional Canoe Ride
In the Marshall Islands, comprised of coral reef islands, canoes have long served as the primary mode of transportation in daily life. Despite the prevalence of modern vehicles like boats and aeroplanes, canoes continue to play a significant role, particularly in fishing and interisland travel on remote islands. Traditional canoe navigators relied on cues from the waves, bird flight patterns, and celestial bodies, such as stars, for navigation. The 'stick charts', crafted from palm leaves and sticks, were used for such navigation, and it persists to this day. Why not experience the beauty of the sea in a canoe propelled solely by natural wind?

Food

Surrounded by the sea, the Marshall Islands offers many local foods made from fish. Influenced by its history of being ruled by Japan, locals often savour fish with a dip of soy sauce and wasabi (Japanese horseradish), reminiscent of sashimi. A splash of citrus juice adds a delightful tropical twist to this dish! Tuna, a fish familiar to many Japanese, is commonly enjoyed as sashimi and sautéed or grilled in various styles. Additionally, let's try other tasty local foods, such as breadfruit and coconut!



Deluxe plan

Advanced course Extend your trip to remote islands! Enjoy the clear ocean and activities!

- 1st day**
- AM Depart Japan the day before and stay overnight in Guam.
 - PM Leave Guam in the morning and arrive in Majuro at night via Chuuk, Pohnpei, etc.
- 2nd day**
- All day Go to Small Islands in Majuro Atoll! Stay overnight and spend an elegant time under the beautiful starry sky. Majuro Atoll consists of 53 coral islands, many of which are only a 10-20 minute boat ride from the centre of town. Enjoy snorkelling and kayaking to see colourful fish swimming among the beautiful coral reef!
- Eneko Island** 20 minutes by boat from downtown. Enjoy barbecue, canoeing, etc.
 - Bikendrick Island** Enjoy a course dish at the cottage of a private resort run by a German couple.
 - Enemanit Island** 15-minute boat ride from downtown. Enjoy snorkelling and sea kayaking (Day use only)
- 3rd day**
- AM After relaxing on the beach in Small Islands, head back to Majuro.
 - PM Let's stroll around the town in Majuro after having lunch.
- 4th day**
- All day Take a day trip to Arno Atoll, the nearest remote island from Majuro! Enjoy diving and snorkelling in the crystal-clear waters! The boat between Majuro and Arno Atoll needs to be checked in Majuro. If you are planning to stay overnight in Arno Atoll, it is important to have a flexible schedule.
- 5th day**
- AM Visit Laura area on the outskirts of Majuro! Relax in Laura Beach park, where is popular to locals as a picnic place, drinking coconut juice.
 - PM Visit the Copra Processing Plant which is a major industry in the Marshall Islands. Observe the process of making coconut oil and coconut soap from copra brought in from the outlying islands. You can also buy such coconut products as souvenirs.
- 6th day**
- All day Fishing in the rich fishing grounds! If you go to sea with experienced local fishermen, you may have a chance to catch a big marlin. You can have your catch cooked for sashimi on the boat or bring it to your hotel or a restaurant in town for cooking.
- 7th day**
- AM Depart from Majuro to Guam. Return to Japan the next day. If you want to have more fun, why not consider visiting Federated States of Micronesia (FSM), a stopover point?



Gift

Amimono
True to its name, the Marshallese handicraft known as 'Amimono' finds its roots in the Japanese language. Amimono is made by weaving carefully dried and tanned coconut and pandanus leaves. Amimono is extremely delicate and beautiful, and its quality is highly regarded in the Pacific Islands. Well-designed accessories, bags, and wall hangings are popular as souvenirs.

Q The Marshall Islands are renowned for being one of the nations comprising coral reefs. What is the largest coral reef island in the world?

The answer is on **p.28!**

Column 1 Bikini Atoll

Bikini Atoll is renowned as the site for the world's first nuclear test, conducted by the U.S. military in 1946. In 2010, the Bikini Atoll Nuclear Test Site became the first World Heritage site in the Marshall Islands. To visit, it is necessary to charter an expensive boat or plane with a dedicated company. You can also learn about the nuclear testing at Bikini Atoll, an important part of the Marshall Islands' history, at the Alele Museum in Majuro.

Column 2 Wotje Atoll

Wotje Atoll, located 300 km north-northwest of Majuro, was the site of a Japanese military base during World War II. The island still retains artillery, bunkers, and other remnants of the war, which means that it has historical ties to Japan. In addition to beautiful beaches, wrecks on the ocean floor can be observed by snorkelling in the surrounding lagoons.



Let's enjoy online content

Access this QR code for more information, such as a map of Majuro, information on experience programmes, shopping, and restaurants.

